



INTERNATIONAL BELGIAN – OPEN

+ Eupen – Pokal

23rd – 24th march 2024



**IRV CERTIFIED
COMPETITION**



Eupener Turnverein 1967



International Belgian-Open & Eupen Pokal 2024 Wheel Gymnastics

Organizer:

Eupener Turnverein 1967 (ETV)
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Email : turnen@eupenertv.be

Contact Person:

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Approximate Timetable : (the definitive timetable will published after the registration deadline)

Friday, March 22nd 2024 : Free training

- Free Training Belgian-Open : 9:00 – 22:00

Saturday, March 23rd 2024 : Internationale Belgian-Open

- Warm-up Senior : 7:30
- Start Competition Senior : 9:00
- Warm-up Youth B, Youth A & Junior : 11:30
- Start Competition Youth B, Youth A & Junior : 14:00
- Award Ceremony : 18:30
- Free training for Eupen-Pokal : 19:00 – 22:00

Sunday, March 24th 2024 : Eupen-Pokal

- Warm-up Eupen Pokal : 08:00
- Start Competition Eupen Pokal : 11:00
- Award Ceremony Eupen Pokal : 17:15

Competition Venue:

Sportzentrum Stockbergerweg
Stockbergerweg 5
B – 4700 Eupen
BELGIEN

GPS coordinates : 50.626817,6.039243

Google Maps Link : <http://goo.gl/maps/Qqibl>





Age groups International Belgian Open – Saturday March 23rd :

1. Youth B :
 - born 2011 and younger
 - Easy access All-around competition with straight-line, beginner spiral and vault
2. Youth A :
 - born 2010 and younger
 - All-around competition with straight-line, spiral and vault
3. Junior (IRV Certified Competition) :
 - born 2006 - 2010
 - All-around competition with straight-line, spiral and vault
4. Senior (IRV Certified Competition) :
 - born 2008 and older
 - All-around competition with straight-line with music, spiral and vault

For the international Belgian-Open in the categories Youth A, Junior and Elite the latest version of the IRV code of points (<https://wheelgymnastics.sport>) will be valid for all 3 disciplines. For the international

In the category Youth B the latest version of the IRV code of points (<https://wheelgymnastics.sport>) will be valid for with the following changes :

- In straight-line the difficulty is limited to 5,0 points
- In vault the difficulty is limited to 5,0 points
- An easy spiral routine will be performed with at least 6 elements
- The difficulty score in spiral gymnastics is calculated as follows :
 - 0.2 points per element (a maximum of 6 elements are counted).
 - 0.5 points bonus for 1 element in bindings
 - 0.5 points bonus for 1 element without bindings
 - 0.5 points bonus for 1 element in a large spiral
 - 0.5 points bonus for 1 element in small spiral

At the international Belgian-Open, there will only be all-around competition.

Male and Female gymnasts will be mixed in all age groups!

The national anthem of the country from each of the 4 winners will be played during award ceremony.



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Youth & Junior Team ranking Belgian-Open (**Attention new regulation!**):

There will be a youth/junior team ranking at the Belgian Open. It is a combined team competition for Youth B, Youth A and Junior. Each team enters a total of 6 routines:

2 x straight

2 x spiral

2 x jump

These routines are the routines from the individual competition that are counted for the team ranking. Therefore, all gymnasts registered for the team competition must take part in the individual competition.

The routine with the lowest score will not be considered for the final team score.

Each participating club/country may enter as many teams as they wish, but no gymnast may be entered in more than one team. In addition, no gymnast may be entered for more than 2 events in the team ranking. This results in a team size of 3 to 6 gymnasts.

Age groups Eupen Pokal – Sunday March 24th :



For the Eupen-Pokal **2 straight-line routines** will be performed in each category. These 2 straight-line routines can be **the same or different**. Only the **highest score of the 2 routines** will be counted for the results and the ranking. (Only for Eupen Pokal and not for Belgian-Open)

In all competitions, the **2022 version of the „IRV code of points“** (<https://wheelgymnastics.sport>) will be valid with open difficulty.



All gymnasts born 2011 or later are allowed to compete in maximum 2 disciplines at Eupen-Pokal. Gymnasts between 2011 or later wishing to compete in all 3 Disciplines have to compete in the category „Youth B“ at the Belgian-Open on Saturday.

Gymnast born 2013 or later are allowed to compete at the Belgian-Open and at the Eupen-Pokal.

1. Beginners straight-line : born 2008 and younger (each participant is rewarded with a medal)
 - Best of 2x straight-line routine. Straight-line routine composed of 6 different elements, without any composition requirements
 - Only execution is judged starting from 6 points. (No difficulty, no composition).
 - Trainer can stand next to the wheel during the whole exercise
 - After 3 falls the judging stops but the kid can finish his exercise
2. Straight-line age group 7/8 : born 2016 and younger (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
3. Straight-line age group 9/10 : born 2014-2015 (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
4. Straight-line age group 11/12 : born 2012-2013 (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
5. Straight-line age group 13/14 : born 2010-2011 (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
6. Straight-line age group 15/16 : born 2008-2009 (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
7. Straight-line age group 17/18 : born 2006-2007 (each participant is rewarded with a medal)
 - Best of 2x straight-line routine
8. Straight-line age group 19+ : born 2005 and older (each participant is rewarded with a medal)
 - Best of 2x straight-line routine without music
9. Additional competition spiral youth : born 2010 and younger
 - 1x spiral routine
 - 3 elements
 - No composition requirements



10. Additional competition spiral juniors : born 2006 - 2009

- 1x spiral routine
- 4 elements
- No composition requirements

11. Additional competition spiral adults : born 2005 and older

- 1x spiral routine
- 6 elements
- No composition requirements

12. Additional competition vault youth : born 2010 and younger

- Best of 2x jumps

13. Additional competition vault juniors : born 2006 - 2009

- Best of 2x jumps

14. Additional competition vault adults : born 2005 and older

- Best of 2x jumps

Accommodation:

Group accommodation including breakfast will be offered in the sportshall of a nearby school for 12,50€ per person per night. Please bring a mattress and sleeping bag.

Judges will not have to pay for the group accommodation.

The school is located around 500m from the competition hall and can be reached easily by foot.

Please specify on your registration the approximate number of people who wants to use the accommodation in the school.

If you would like to stay in a hotel, we recommend you to stay at the following hotel in Eupen :

www.sleepwood.eu

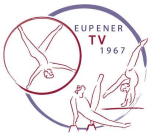
Registration:

Competition fees :

- Straight-line Eupen Pokal	10,00 Euro
- Additional competition Spiral Eupen Pokal	6,00 Euro
- Additional competition Vault Eupen Pokal	6,00 Euro
- All-around international Belgian-Open	30,00 Euro

Please fill in the attached registration form and send it to a.pitz@icloud.com !

Registration deadline: **March 1st 2024 for the Int. Belgian Open and March 10th for Eupen Pokal.**



Judges :

For the **Eupen Pokal**, each club has to bring one judge! If a club brings more than 10 Participants a second judge is needed.

Judges that compete in the competition count as half judges and will only judge half the competition (the half competition in which they do not compete themselves). So a club can also bring two or more half judges. Please specify with the registration which disciplines the judge is able to judge.

Clubs that have gymnasts competing in vault or spiral have to register at least a half judge that can also judge this discipline.

If a club has no judge or not enough judges, the competition fee for the club will be increased by 30€ per missing judge. Clubs that bring more judges than needed get a discount of 30€ per additional full judge on the competition fee and get a reduction of 15€ per additional half judge.

For the **Belgian-Open** each club has to bring one judge with appropriate qualification per 5 gymnasts! If a judge is missing, the competition fee will be doubled!

For the **Belgian-Open and Eupen Pokal**, the judges has to wear the following clothes :

- Black long trousers
- Black Jacket/Blazer
- White blouse/shirt
- Black shoes (No high heels!)

Railway station Shuttle :

If you arrive by train, we can come and pick you up at one of these 3 railway stations :

- Eupen (Belgium)
- Welkenraedt (Belgium)
- Aachen (Germany)

Please specify with your registration if we need to pick you up at the railway station.



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Registration International Belgian-Open 2024

Registration deadline : march 1st 2024

Please Email this registration form to a.pitz@icloud.com

General information:

Name of club:	
Country:	
Name of representative:	
Email & Phone number:	

Athletes:

	Name	Date of birth	Age group and disciplines	Wheel sizes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Team Ranking Youth & Junior:

	STL 1	STL 2	Spiral 1	Spiral 2	VLT 1	VLT 2
Team 1						
Team 2						
Team 3						

Judges :

Judge 1	Judge 2	Judge 3
Name : <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault	Name : <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault	Name : <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault

Approximate number of people for the accommodation in the school with breakfast :

Arrival day : Departure day :



Eupener Turnverein 1967



Registration Eupen Pokal 2024

Registration deadline : March 10th 2024

Please Email this registration form to a.pitz@icloud.com

General information:

Name of club:	
Country:	
Name of representative:	
Email & Phone number:	

Athletes:

	Name	Date of birth	Age group and disciplines	Wheel sizes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Judges :

Judge 1	Judge 2	Judge 3	Judge 4
Name : <input type="checkbox"/> Is also gymnast <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault	Name : <input type="checkbox"/> Is also gymnast <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault	Name : <input type="checkbox"/> Is also gymnast <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault	Name : <input type="checkbox"/> Is also gymnast <input type="checkbox"/> Execution straight-line <input type="checkbox"/> Difficulty straight-line <input type="checkbox"/> Execution spiral <input type="checkbox"/> Difficulty spiral <input type="checkbox"/> Vault

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