





# International Belgian-Open & Eupen Pokal 2023 Wheel Gymnastics

#### Organizer: Contact Person:

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### **Approximate Competition Schedule:**

Friday, March 31st 2023: Free training

- Free Training Belgian-Open: 9:00 – 22:00

Saturday, April 1st 2023: Internationale Belgian-Open

- Warm-up Youth B, Youth A & Junior: 07:30

Start Competition Youth B, Youth A & Junior: 09:30Award Ceremony Youth B, Youth A & Junior: 16:30

- Warm-up Elite: 15:00

Start Competition Elite: 17:00Award Ceremony Elite: 20:00

- Free training for Eupen-Pokal: 20:30 – 22:00

#### Sunday, April 2<sup>nd</sup> 2023: Eupen-Pokal

- Warm-up Eupen Pokal: 08:00

Start Competition Eupen Pokal: 11:00Award Ceremony Eupen Pokal: 17:15

#### **Competition Venue:**

Sportzentrum Stockbergerweg Stockbergerweg 5 B – 4700 Eupen BELGIEN

GPS coordinates: 50.626817,6.039243

Google Maps Link: http://goo.gl/maps/QqibL



# Age groups Belgian Open – Saturday April 4th:

- 1. Youth B:
  - born 2010 and younger
  - Easy access All-around competition with straight-line, beginner spiral and vault
- 2. Youth A:
  - born 2009 and younger
  - All-around competition with straight-line, spiral and vault
- 3. Junior (IRV Certified Competition):
  - born 2005 2009
  - All-around competition with straight-line, spiral and vault
- 4. Elite (IRV Certified Competition):
  - born 2007 and older
  - All-around competition with straight-line with music, spiral and vault

For the international Belgian-Open in the categories Youth A, Junior and Elite the 2022 version of the "IRV Code of points" (https://wheelgymnastics.sport) will be valid for all 3 disciplines with the following changes:

- o In straight-line no composition is judged.
- o The execution will be judged on 6 points
- o In spiral the composition requirement of having 3 elements in bindings will not be applicable.

In the category Youth B the 2022 version of the "IRV Code of points" (<a href="https://wheelgymnastics.sport">https://wheelgymnastics.sport</a>) will be valid for with the following changes:

- In straight-line no composition is judged
- o The execution will be judged on 6 points
- o In straight-line the difficulty is limited to 3,6 points
- o In vault the difficulty is limited to 3,6 points
- o an easy spiral routine will be performed with 6-8 elements and a maximum difficulty of 1,2 points.
- o In spiral there are only the following composition requirements
  - At least one element in Bindings (-0,5 in composition if not)
  - At least one element in big spiral (-0,5 in composition if not)
  - At least one element in small spiral (-0,5 in composition if not)

At the international Belgian-Open, there will only be all-around competition.

Male and Female gymnasts will be mixed in all age groups!

The national anthem of the country from each of the 4 winners will be played during award ceremony.





### Youth & Junior Team ranking Belgian-Open:

There will be a youth/junior team ranking. Three or four gymnasts form a team. It is a combined Team ranking for Junior and Youth A and Youth B. Each Team will perform four routines in total:

2 x Straight-Line

1 x Spiral

1 x Vault

These routines are the routines from the individual competition that are counted for the team ranking. Therefore all gymnasts registered for the team ranking must also take part in the individual competition.

The routine with the lowest score will not be counted for the final team score.

Each participating club/country is allowed to register as many teams as they want, whereas no gymnast is allowed to compete for more than one team.



# Age groups Eupen Pokal – Sunday April 2<sup>nd</sup>:



For the Eupen-Pokal <u>2 straight-line routines</u> will be performed in each category. These 2 straight-line routines can be <u>the same or different</u>. Only the <u>highest score</u> <u>of the 2 routines</u> will be counted for the results and the ranking. (Only for Eupen Pokal and not for Belgian-Open)

In all competitions, the 2022 version of the "IRV code of points" (https://wheelgymnastics.sport) will be valid with open difficulty.



All gymnasts born 2010 or later are allowed to compete in maximum 2 disciplines at Eupen-Pokal. Gymnasts between 2010 or later wishing to compete in all 3 Disciplines have to compete in the category "Youth B" at the Belgian-Open on Saturday.

Gymnast born 2012 or later are allowed to compete at the Belgian-Open and at the Eupen-Pokal.

- 1. Beginners straight-line: born 2007 and younger (each participant is rewarded with a medal)
  - Best of 2x straight-line routine. Straight-line routine composed of 6 different elements,
     without any composition requirements
  - Only execution is judged starting from 6 points. (No difficulty, no composition).
  - Trainer can stand next to the wheel during the whole exercise
  - After 3 falls the judging stops but the kid can finish his exercise
- 2. Straight-line age group 7/8: born 2015 and younger (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- 3. Straight-line age group 9/10: born 2013-2014 (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- 4. Straight-line age group 11/12: born 2011-2012 (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- Straight-line age group 13/14: born 2009-2010 (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- 6. Straight-line age group 15/16: born 2007-2008 (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- 7. Straight-line age group 17/18: born 2005-2006 (each participant is rewarded with a medal)
  - Best of 2x straight-line routine
- 8. Straight-line age group 19+: born 2004 and older (each participant is rewarded with a medal)
  - Best of 2x straight-line routine without music
- 9. Additional competition spiral youth: born 2009 and younger
  - 1x spiral routine
  - 3 elements
  - No composition requirements





- 10. Additional competition spiral juniors: born 2005 2008
  - 1x spiral routine
  - 4 elements
  - No composition requirements
- 11. Additional competition spiral adults: born 2004 and older
  - 1x spiral routine
  - 6 elements
  - No composition requirements
- 12. Additional competition vault youth: born 2009 and younger
  - Best of 2x jumps
- 13. Additional competition vault juniors : born 2005 2008
  - Best of 2x jumps
- 14. Additional competition vault adults: born 2004 and older
  - Best of 2x jumps

#### **Accommodation:**

Group accommodation including breakfast will be offered in classrooms of a nearby school for 12,50€ per person per night. Please bring a mattress and sleeping bag.

Judges will not have to pay for the group accommodation.

The school is located around 300m from the competition hall and can be reached easily by foot.

Please specify on your registration the approximate number of people who wants to use the accommodation in the school.

If you would like to stay in a hotel, we recommend you to stay at the following hotel in Eupen: www.sleepwood.eu

#### **Registration:**

Competition fees:

Straight-line Eupen Pokal
 Additional competition Spiral Eupen Pokal
 Additional competition Vault Eupen Pokal
 All-around international Belgian-Open
 8,50 Euro
 5,00 Euro
 25,00 Euro

Please fill in the attached registration form and send it to a.pitz@icloud.com!

Registration deadline: March 10th 2023 for the Int. Belgian Open and March 19th for Eupen Pokal.





#### Judges:

For the **Eupen Pokal**, each club has to bring one judge! If a club brings more than 10 Participants a second judge is needed.

Judges that compete in the competition count as half judges and will only judge half the competition (the half competition in which they do not compete themselves). So a club can also bring two or more half judges. Please specify with the registration which disciplines the judge is able to judge.

Clubs that have gymnasts competing in vault or spiral have to register at least a half judge that can also judge this discipline.

If a club has no judge or not enough judges, the competition fee for the club will be increased by 25€ per missing judge. Clubs that bring more judges than needed get a discount of 25€ per additional full judge on the competition fee and get a reduction of 12,50€ per additional half judge.

For the **Belgian-Open** each club has to bring one judge with appropriate qualification per 5 gymnasts! If a judge is missing, the competition fee will be doubled!

For the Belgian-Open, the judges has to wear the following clothes:

- Black long trousers
- Black Jacket/Blazer
- White blouse/shirt
- Black shoes (No high heels!)

#### **Railway station Shuttle:**

If you arrive by train, we can come and pick you up at one of these 3 railway stations:

- Eupen (Belgium)
- Welkenraedt (Belgium)
- Aachen (Germany)

Please specify with your registration if we need to pick you up at the railway station.

Arrival day: ...... Departure day: ......



**General information:** 



# Registration International Belgian-Open 2023

Registration deadline : march 10<sup>th</sup> 2023
Please Email this registration form to a.pitz@icloud.com

Nar	me of club:										
Cou	ıntry:										
Nar	me of representative:										
Ema	ail & Phone number:										
Athletes:											
	Name Dat		e of birth Age group a		oup and disc	iplines	Wheel sizes				
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STL 1			STL 2		SPI		VLT				
Team 1 Team 2			-								
Team 3											
ica											
Judg	es:										
Judge 1			Judge 2				Judge 3				
Name :			Name :			Name :					
☐ Execution straight-line			☐ Execution straight-line			☐ Execution straight-line					
☐ Difficulty straight-line			☐ Difficulty straight-line			☐ Difficulty straight-line					
☐ Execution spiral			☐ Execution spiral			☐ Execution spiral					
☐ Difficulty spiral			☐ Difficulty spiral			☐ Difficulty spiral					
☐ Vault			☐ Vault			☐ Vault					
Approximate number of people for the accommodation in the school with breakfast:											



# Registration Eupen Pokal 2023

Registration deadline : March 19<sup>th</sup> 2023

Please Email this registration form to a.pitz@icloud.com

Please Email this registration form to <a href="mailto:a.pitz@icloud.com">a.pitz@icloud.com</a>											
General information:											
Name of club:											
Country:											
Name of representative:											
Email & Phone number:											
Athletes:											
Name	Date of birth	Age group and disci	plines	Wheel sizes							
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Judges :											
Judge 1		Judge 2		Judge 3							
Name :	Name :	Name :		Name :							
☐ Is also gymnast		☐ Is also gymnast		☐ Is also gymnast							
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Approximate number of people for the accommodation in the school with breakfast :  Arrival day :											